

# ~ SAMPLE ~



## Developmental Stages: Talking With Children About Adoption

*What topic or part of the class did you find the most helpful?  
"How to respond to questions and how it will affect our child."  
~ Comment from Past Participant ~*

**"Why couldn't my birth family keep me?"**

**"Does my birth/first mother love me?"**

**"Why did you adopt me?" "How much did I cost?"**

Most children who are adopted wonder about the answers to these questions, and many others that are focused on their adoption. It is critical that adoptive parents understand this healthy, natural curiosity, is a part of knowing oneself. **Developmental Stages**, is one of a four part workshop series: *Talking With Children About Adoption*. A challenge parents face is how to both be age appropriate *and* honest when questions like those are asked.

### In this 4 hour workshop we will cover:

- How to prepare for and answer questions children will have about *their* adoption journey.
- The importance of parents planting a seed at any age about difficult topics
- When and how to talk about difficult topics.
- [Testimonials](#) for past workshops

This workshop is appropriate for adoptive parents, waiting parents, birth/first parents and professionals.

### DATE/Time:

- TBA
- 4 hours (9am-1pm or 1-5pm)

### LOCATION:

- TBA

### COST:

- \$80 per single/\$120 per couple
- Adult Adoptee \$10 (first 5 to register)

### To Book For Your Group or Organization :

- \$500/half day + travel

Contact Astrid Castro with question  
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Astrid Castro is the organizer and facilitator of the panels. Astrid is the founder and director of Adoption Mosaic, whose mission is to connect, honor, and serve the adoption constellation through innovation in education, practices, and support services. [www.adoptionmosaic.com](http://www.adoptionmosaic.com)

For the past twenty-five plus years Astrid has traveled the country to lead youth groups and present workshops on various topics focusing on both adoption and race. Prior to starting Adoption Mosaic, Astrid owned an adoption consulting business, in addition to working and serving on boards in both the private and public sectors of various adoption organizations: **The Rocky Mountain Adoption Exchange, Oregon Post Adoption Resource Center (ORPARC), Holt International, Rocky Mountain Adoption Exchange, North American Council on Adoptable Children (NACAC), Northwest Adoptive Parent Association (NAFA), Spoon Foundation**, to name just a few.

Astrid has taken her personal life experiences such as her adoption, being a woman of color who grew up in racial isolation, and uses these experiences as fuel to propel her professionally in her efforts to support the adoption constellation. To learn more about Astrid's personal adoption story [click HERE](#).

